

VM Halvmaraton Formtestskema

Navn	Formtest 1		Formtest 2		Formtest 3		Formtest 4	
	Dato	4. november 2013	16. december 2013	10. februar 2014	10. marts 2014			
	Rute	Spritruten	Chr. Have - Strandvejen	Chr. Have - Strandvejen	Chr. Have - Strandvejen			
	Vejrforhold	Regn	Tørt. 8 grader	Tørt. 3 grader	Tørt. 7 grader			
	Tid	Forventet ½M tid	Tid	Forventet ½m tid	Tid	Forventet ½m tid	Tid	Forventet ½m tid
Annelise Christiansen	00:29:04	02:13:44	-	-	-	-	-	-
Benny Hansen	-	-	00:27:13	02:06:00	-	-	26:13,9	02:00:40
Bent Andersen	00:27:27	02:06:17	00:27:10	02:05:46	00:26:47	02:03:10	25:24,2	01:56:47
Birgit Clausen	00:35:28	02:42:30	-	-	00:37:10	02:55:00	35:41,6	02:43:17
Birthe Jensen	-	-	-	-	00:37:11	02:55:00	36:24,8	02:51:43
Camilla Kjærulff	-	-	-	-	-	-	29:37,5	02:16:18
Carl Rye	-	-	-	-	00:34:11	02:37:21	33:15,8	02:35:27
Claus Alletorp	-	-	00:27:23	02:06:42	00:26:09	02:00:16	25:25,3	01:56:52
Dorrit Nielsen	00:24:16	01:51:32	-	-	-	-	-	-
Dorthe Høier					00:33:35	02:34:17	-	-
Erik Muderspach					00:24:00	01:50:20	23:35,8	01:48:30
Eva Lagoni	00:29:56	02:17:50	00:28:50	02:13:25	-	-	-	-
Evy Beha	-	-	00:25:59	02:00:18	00:25:09	01:55:41	-	-
Gitte Brohammer	-	-	00:28:42	02:12:48	-	-	29:36,7	02:16:13
Grete Svendsen	00:30:52	02:21:00	-	-	-	-	29:16,6	02:14:36
Hanne Proudfoot	00:27:16	02:05:23	-	-	-	-	26:51,3	02:03:30
Hanne Vesterlund	-	-	00:28:51	02:13:34	-	-	-	-
Hans Henrik Basse	00:22:59	01:45:40	00:21:56	01:41:28	-	-	-	-
Helle Houborg	00:28:45	02:12:13	-	-	-	-	27:06,8	02:04:39
Henrik Lund	-	-	-	-	00:26:51	02:03:30	-	-
Ib Nielsen	-	-	-	-	00:27:52	02:08:08	-	-
Jack Hansen	-	-	-	-	00:30:01	02:18:04	29:05,1	02:13:38
Jens Broed	-	-	00:23:21	01:48:06	00:24:47	01:53:55	23:39,4	01:48:39
Jonna Kristiansen	00:28:12	02:09:44	00:27:31	02:07:19	00:26:33	02:02:03	-	-
Karin Kristiansen					00:25:10	01:55:45	-	-
Kirsten Winther-Olsen	-	-	00:28:24	02:11:24	00:27:49	02:07:53	-	-
Lars Jensen	00:24:50	01:54:09	00:23:11	01:47:15	00:23:26	01:47:42	00:22:55	01:45:21
Leif Kristiansen	00:29:57	02:18:00	00:21:06	01:37:36	00:21:20	01:38:02	00:20:52	01:35:51
Linda Kornby	00:35:17	02:41:00	00:34:03	02:37:34	-	-	34:51,9	02:39:33

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	Vejrforhold	Regn	Tørt. 8 grader		Tørt. 3 grader		Tørt. 7 grader	
	Tid	Forventet ½M tid	Tid	Forventet ½m tid	Tid	Forventet ½m tid	Tid	Forventet ½m tid
Lis Sørensen	00:30:45	02:20:50	-	-	-	-	-	-
Lone Hansen	00:30:42	02:20:30	-	-	-	-	-	-
Loui Larsen	00:20:55	01:36:05	-	-	00:20:54	01:36:00	-	-
Maria Houborg	00:24:57	01:54:43	-	-	00:24:00	01:50:20	-	-
Martin Hansen	-	-	00:23:36	01:49:15	-	-	-	-
Mette Gjerløv	-	-	-	-	-	-	00:22:33	01:43:41
Mick Nordam	-	-	-	-	00:30:34	02:21:04	-	-
Ninna Gunnensen	-	-	00:29:44	02:17:39	-	-	-	-
Solveig Grøndahl	00:31:20	02:25:00	-	-	00:33:07	02:32:14	-	-
Susan Lunderskov	00:28:04	02:09:05	-	-	-	-	-	-
Susanne Hangaard	00:28:46	02:12:17	00:28:45	02:13:06	00:28:04	02:09:05	27:21,1	02:05:48
Søren Basse	00:25:49	01:58:40	00:23:46	01:50:02	-	-	-	-
Søren Lousen	-	-	00:23:47	01:50:06	00:24:15	01:51:27	-	-
Tommy Larsen	00:22:41	01:44:14	00:21:22	01:38:55	00:21:59	01:40:58	22:49,2	01:44:52
Ulla Sørensen	-	-	00:31:54	02:27:41	00:37:12	02:55:00	-	-
Ursula Lyholm	00:31:26	02:25:30	-	-	-	-	-	-
Aase Schoildan	-	-	00:31:53	02:27:32	-	-	-	-